

Plan of Study

Physical Education

Catalog Year: 2023 – 2024

Sample Schedule: students are not limited to this plan; it is meant to serve as a guide for planning purposes in discussions with your academic advisor. This plan is one possible path to completing this degree in *four years.*

FIRST YEAR

First Semester

Course	Prerequisites / Comments	Credits	Semester(s) Offered
GS 100 University Experience		0	F
CSC 105 Intro to Computers		3	F/S/SU
ENGL 101 Composition I		3	F/S/SU
Math 103 or College Algebra		3	F/S/SU
Nat Sci #1 (BIOL 101/L)		3	F/S/SU
EXS 145 Intro to EXS & PE		3	F/S
	Total Credit Hours	15	

Second Semester

Course	Prerequisites / Comments	Credits	Semester(s) Offered
Social Science #1	EPSY 210 Required by the COE	3	F/S/SU
HLTH 110 Health Concepts		3	S
Nat Sci #2 (BIOL 103/L)		3	S
Oral Communications (CMST 101, 215, or 222)		3	F/S
PE 181 Fundamentals of Elem. PE		2	S
EDFN 338 Foundations of American Ed.		2	F/S/SU
	Total Credit Hours	16	

SECOND YEAR

Third Semester

Course	Prerequisites / Comments	Credits	Semester(s) Offered
Arts & Hum #1 (ART, MUS, THEA, SPAN, etc.)		3	F/S/SU
EDFN 338 Foundations of American Ed.		2	F/S/SU
SPED 100 Intro to Persons with Exception.		3	F/S/SU
ENGL 201 Composition II	ENGL 101	3	F/S/SU
EPSY 302 Educational Psychology	EPSY 210	3	F/S/SU
HLTH 201 ATOD Prevention Education		2	F
	Total Credit Hours	16	

Fourth Semester

Course	Prerequisites / Comments	Credits	Semester(s) Offered
BIOL 221/221 L Human Anatomy and Lab		4	S
CIS 123 Prob Solving & Prog, CIS 130 or CSC			F/S/SU
150		3	
Arts & Hum #1 (ART, MUS, THEA, SPAN, etc.)		3	F/S/SU
HLTH 370 Stress Management		3	F/S/SU
PE 363 Skills Concepts	EXS 145 and PE 181	3	S
SEED 295 Pre-Admission Practicum		1	F/S
APPLY FOR TEACHER EDUCATION	Total Credit Hours	17	

THIRD YEAR

Fifth Semester

Course	Prerequisites / Comments	Credits	Semester(s) Offered
PE 352 Adapted Physical Education		2	F
PE 300 Applied Sport and Exercise Science	BIOL 221	3	F
PE 341 Curriculum & Development	EXS 145	3	F
PE 354 Prevention & Care of Athletic Injuries		3	F
PE 440 Organization & Admin. of Health & PE		2	F
SEED 302 Secondary/Middle Level Mthds: PE	Teacher Education	2	F
	Total Credit Hours	15	

Sixth Semester

Course	Prerequisites / Comments	Credits	Semester(s) Offered
CSC 161 Computer Hardware/D.Comm/Net.		3	F/S/SU
ELED 395 Practicum in Elem. Adaptive PE		2	S
EXS 376 Tech Integration	CSC 105	3	F/S
SEED 395 Practicum in Sec. Adaptive PE		2	F/S
Soc Sci #2	INED 211 Required by the COE	3	F/S/SU
Electives		3	
APPLY FOR STUDENT TEACHING	Total Credit Hours	16	

FOURTH YEAR

Seventh Semester

Course	Prerequisites / Comments	Credits	Semester(s) Offered
ED 488 Student Teaching		2	F/S
EXS 452 Motor Learning & Development		3	F/S
SEED 440 Classroom Management	Teacher Education	2	F/S
EDER 415 Educational Assessment	Teacher Education	2	F/S/SU
SEED 450 Reading & Content Literacy	Teacher Education	3	F/S/SU
EDFN 475 Human Relations	Teacher Education	3	F/S/SU
Electives		3	Electives
	Total Credit Hours	18	

Eighth Semester

Course	Prerequisites / Comments	Credits	Semester(s) Offered
ED 488 Student Teaching		6	F/S
SEED 401 Methods of Educational Technology	Teacher Education	1	F/S
	Total Credit Hours	7	

P = Course Prerequisite

Semester: F = Fall; S = Spring; SU = Summer

Information and course schedules may change. This is not a contract.