

Plan of Study

Physical Education

Catalog Year: 2025 – 2026

Sample Schedule: students are not limited to this plan; it is meant to serve as a guide for planning purposes in discussions with your academic advisor. This plan is one possible path to completing this degree in *four years*.

FIRST YEAR

First Semester

Course	Prerequisites / Comments	Credits	Semester(s) Offered
GS 100 University Experience		0	F
CSC 105 Intro to Computers		3	F/S/SU
ENGL 101 Composition I		3	F/S/SU
Math 103 or MATH 114		3	F/S/SU
Nat Sci #1 (BIOL 101/L)		3	F/S/SU
EXS 145 Intro to EXS & PE		3	F/S
	Total Credit Hours	15	

Second Semester

Course	Prerequisites / Comments	Credits	Semester(s) Offered
Social Science #1	EPSY 210 Required by the COE	3	F/S/SU
Elective		3	F/S/SU
Nat Sci #2 (BIOL 103/L)		3	S
Oral Communications (CMST 101, 215, or 222)		3	F/S
PE 181 Fundamentals of Elem. PE		2	S
	Total Credit Hours	14	

SECOND YEAR

Third Semester

Course	Prerequisites / Comments	Credits	Semester(s) Offered
Arts & Hum #1 (ART, MUS, THEA, SPAN, etc.)		3	F/S/SU
Electives		3	F/S/SU
SPED 100 Intro to Persons with Exception.		3	F/S/SU
ENGL 201 Composition II	ENGL 101	3	F/S/SU
EPSY 302 Educational Psychology	EPSY 210	3	F/S/SU
	Total Credit Hours	15	

Fourth Semester

Course	Prerequisites / Comments	Credits	Semester(s) Offered
BIOL 221/221 L Human Anatomy and Lab		4	S
CIS 123 Prob Solving & Programming			F/S/SU
		3	
Arts & Hum #1 (ART, MUS, THEA, SPAN, etc.)		3	F/S/SU
Elective		3	F/S/SU
EXS 376 Tech Integration	CSC 105	3	F/S
APPLY FOR TEACHER EDUCATION	Total Credit Hours	16	

THIRD YEAR

Fifth Semester

Course	Prerequisites / Comments	Credits	Semester(s) Offered
Elective		3	F/S/SU
PE 300 Applied Sport and Exercise Science	BIOL 221	3	F
PE 341 Curriculum & Development	EXS 145	3	F
PE 354 Prevention & Care of Athletic Injuries		3	F
GAME 487 Facility, Risk, & Event Mgmt		3	F/S
SEED 302 Secondary/Middle Level Mthds: PE	Teacher Education	2	F
	Total Credit Hours	17	

Sixth Semester

Course	Prerequisites / Comments	Credits	Semester(s) Offered
Elective		9	F/S/SU
PE 363 Skills Concepts	EXS 145 and PE 181	3	S
Soc Sci #2	INED 211 Required by the COE	3	F/S/SU
APPLY FOR STUDENT TEACHING	Total Credit Hours	15	

FOURTH YEAR

Seventh Semester

Course	Prerequisites / Comments	Credits	Semester(s) Offered
EXS 452 Motor Learning & Development		3	F/S
EDER 431 Educational Tech/Assessment	Teacher Education	3	F/S
Electives		9	F/S/SU
	Total Credit Hours	15	

Eighth Semester

Course	Prerequisites / Comments	Credits	Semester(s) Offered
ED 488 Student Teaching		4	F/S
Electives		9	F/S/SU
	Total Credit Hours	13	

P = Course Prerequisite

Semester: F = Fall; S = Spring; SU = Summer

Information and course schedules may change. This is not a contract.

Possible additional credentials using the 39 elective credits required for this program:

- K-8 Elementary Education major
- K-12 Special Education major
- Health minor
- Educational Technology minor
- Strength & Conditioning minor

Ask your advisor about other possible majors, minors, and endorsements that are available.